

#TC21 : our speakers



TOBY CHELMS

Student Mental Health and Wellbeing Manager, Leeds Trinity University

Toby is the Student Health and Wellbeing Manager at Leeds Trinity University and a Cognitive Behavioural Psychotherapist. He has 10 years' experience working across the Third Sector and NHS, both as a CBT Therapist and Service Manager.



DR SAÏK DE LA MOTTE DE BROÖNS

Psychiatrist in the Thames Valley

Saïk de La Motte de Broöns de Vauvert is a psychiatrist in the Thames Valley area. He has interests in depression, psychosis, ADHD, ethics and the impact of virtue on mental health.



FR GERARD FIELDHOUSE-BYRNE

Executive Director of St Luke's Centre, Manchester

Fr Gerard has a Masters in Spirituality from the Angelicum University in Rome, a Masters in Clinical Social Work and a Doctorate in Counselling from Boston University, USA. He was appointed Executive Director of St Luke's Centre Manchester in 2005 and is currently a tutor at both the English College in Valladolid, Spain, and the Gregorian University in Rome, Italy.



ABBY FREDRICKSON

Head of Content for Hallow (the #1 Catholic App in Appstore)

Abby Fredrickson is joining us from Michigan, USA. She studied English Literature and Theology at the University of Notre Dame, USA, and is Head of Content at the prayer and meditation App *Hallow*, the #1 Catholic App in the Appstore.



RT REV. PAUL MASON

RC Bishop for Mental Health from the Catholic Bishops' Conference of England and Wales

Bishop Paul is the Bishop of the Forces and Bishop for Mental Health for the Catholic Bishops' Conference of England and Wales. Originally from North Shields, Tyne and Wear, he was ordained to the priesthood 1998, and was appointed by Pope Francis in 2016 as the Bishop of HM Armed Forces.



DR KATE MIDDLETON

Psychologist and Director of the Mind and Soul Foundation

Dr Kate is a psychologist with a particular interest in emotional health in the face of adverse circumstances, and helping people release their full potential. She's a director of the Mind and Soul Foundation, project lead of the Headstrong project (beheadstrong.uk), a church leader, a much sought-after speaker, and the author of several books.



JAMES MULLEN

Catholic Biochemistry student at the University of Sheffield

James is originally from Leeds and currently reading Biochemistry at the University of Sheffield. He has first-hand experience of both the devastation of mental illness, and the role of faith in personal healing.



JACK REGAN

MHFA England Course Instructor and Director of Youth Services for Lancaster RC Diocese

Jack is Director of Youth Services for the Diocese of Lancaster and is an experienced Mental Health First Aid trainer. He is a published author, a popular speaker, and has a Masters Degree in Applied Theology from Maryvale Institute.



PETE SMALLWOOD

Counsellor and Coordinator for Human Formation, St Mary's College Seminary, Birmingham

Pete is a counsellor and the Human Formation co-ordinator at St Mary's College Catholic seminary in Birmingham. He is the co-founder of the JP2 Network, a counselling network supporting Catholic clergy and promoting pastoral accompaniment (jp2directory.org).



RT REV. MARCUS STOCK

The RC Bishop of Leeds

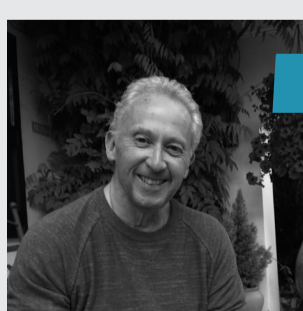
Bishop Marcus is the elected Chair of the Department of Education and Formation for the Catholic Bishops' Conference of England and Wales and Chair of the Catholic Education Service.



DR PRAVIN THEVATHASAN

Consultant Psychiatrist and author of CTS publication 'Catholicism and Mental health'

Dr Pravin has over 30 years' experience in medicine and is a consultant psychiatrist. He is the author of the CTS booklet *Catholicism and Mental Health* and editor of the *Catholic Medical Quarterly*.



DR DAVID TOREVELL

Honorary Research Fellow at Leeds Trinity University, and Associate Professor in Theology and Education, Liverpool Hope University

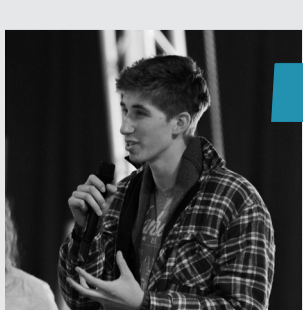
Dr David is an Associate Professor at Liverpool Hope University, UK and an Honorary Research Fellow at Leeds Trinity University, UK. He taught for 17 years in Catholic secondary schools, as well as a Sixth Form College, before entering Higher Education. He is the author of several publications both in the UK and internationally.



MICHAEL WEE

Education and Research Officer at the Anscombe Bioethics Centre, Oxford

Michael is the Education and Research Officer at the Anscombe Bioethics Centre and a member of the Pontifical Academy for Life. He has published on bioethics and mental health.



ISAAC WITHERS

Content Manager at Peter's House Creative Media Agency

Isaac is the Content Manager for the Catholic creative agency Peter's House (peters-house.com) and has formerly worked in communications for both the Catholic Bishops' Conference and Portsmouth RC Diocese.